

Ten to Men: The Australian Longitudinal Study on Male Health

Wave 3 Labelled Questionnaire
September 2021

Australian Institute of Family Studies





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INTRODUCTION

Welcome to the online survey login page for the *Ten to Men* study. To complete the survey online, please enter your unique login code.

Your login code can be found in the study invitation letter or email that was sent to you.

This survey is conducted on behalf of the Australian Institute of Family Studies by the Social Research Centre.

If you need any assistance in logging on, please call us at the *Ten to Men* helpdesk on 1800 019 606 or email at info@tentomen.org.au. We are always happy to help.

You are invited to take part in the next round of *Ten to Men: The Australian Longitudinal Study on Male Health – Wave 3*.

Ten to Men is the first study of its kind in Australia and has been designed in partnership with the National Male Health Policy. This means that outcomes from this study work directly towards improving the health and lifestyles of men in Australia – and we couldn't do it without you!

We have prepared a secure online survey which covers a wide range of health-related topics. The survey will take around 35-45 minutes to complete and you will receive a \$20 eGift card upon completion. In addition, we will be giving a \$200 eGift card to fifteen randomly selected respondents who complete the survey online before 3 September 2020*.

In response to COVID-19, we are following health and safety advice from authorities. We are offering online and telephone survey completion and will be sending our eGift cards through email for this round of interviewing.

Participation in the study is voluntary and any information you provide will be kept strictly confidential.

By completing your survey, you are actively contributing towards building Australia's national approach for improving health outcomes for all men and boys.

Further information about this round of the study is provided in the Study information brochure and the Privacy and Confidentiality Brochure. You can also visit the study website tentomen.org.au, call us on 1800 019 606, or email info@tentomen.org.au for more details.

If you find any of the questions in this survey upsetting and you would like to talk to someone, please contact Lifeline on 13 11 14. Other support numbers are provided in the survey.

**For more information on our random draws, including draw dates and terms and conditions, visit our website tentomen.org.au*



By completing your survey you're helping to improve the health and lifestyles of men and boys in Australia.

By pressing the 'Next' button below, you acknowledge that you have read through the information below and the study brochures provided to you and that you consent to participate in the *Ten to Men* study.

Your participation in this study is voluntary.

You are free to withdraw your consent at any time without explanation and can request to have your data removed unless the data has already been released.

You may choose not to answer certain questions or any question that are not relevant to you.

This study is bound by Commonwealth and State privacy laws and we will protect your anonymity and the confidentiality of your information to the fullest possible extent, within the limits of the law.

The project is for research purposes only and the researchers may use the results in the manner described in the 'Study Information Brochure' and 'Confidentiality and Privacy Brochure'.

If you have any questions about the study or how to fill out the online survey, contact the *Ten to Men* Helpdesk on 1800 019 606 or at info@tentomen.org.au.

You can re-start the survey by clicking on the same link; it will take you to where you left off.

As this survey is designed for males aged between 16 and 65, some of the questions might not seem relevant to you. Please do your best to select the most appropriate responses.



BACKGROUND INFORMATION

The first questions are about your background.

Q1. What is your date of birth? *{zdcdob000}*

| | |
|-------|-------------------|
| _____ | Date (DD/MM/YYYY) |
| -3 | Don't know |
| -4 | Prefer not to say |

Q2. In which country were you born? *{csecobow1d, csecobow2d, csecobow4d}*

| | |
|-------|-------------------|
| _____ | Text |
| -3 | Don't know |
| -4 | Prefer not to say |

Q3. What language do you mainly speak at home? *{cselangh1d, cselangh2d, cselangh4d}*

| | |
|-------|-------------------|
| _____ | Text |
| -3 | Don't know |
| -4 | Prefer not to say |

Q4. Do you identify as Aboriginal, Torres Strait Islander or both? *{cseatsi00}*

| | |
|----|-----------------------------|
| 1 | No |
| 2 | Aboriginal only |
| 3 | Torres Strait Islander only |
| 4 | Both |
| -3 | Don't know |
| -4 | Prefer not to say |



YOUR HEALTH AND WELLBEING

The next questions ask for your views about your health. We are interested in how you feel in your daily life and how well you are able to do your usual activities.

Please remember that you can skip any questions that you do not feel comfortable answering.

Q5. In general, would you say your health is: *{chssf3601}*

| | |
|----|-------------------|
| 1 | Excellent |
| 2 | Very good |
| 3 | Good |
| 4 | Fair |
| 5 | Poor |
| -4 | Prefer not to say |

The following two questions are about activities you might do during a typical day.

Q6. Does your health now limit you in these activities? If so, how much?

- a. Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf *{chssf3604}*
- b. Climbing several flights of stairs *{chssf3606}*

| | |
|----|-------------------------|
| 1 | Yes - limited a lot |
| 2 | Yes - limited a little |
| 3 | No - not limited at all |
| -4 | Prefer not to say |

Q7. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

- a. Accomplished less than you would like *{chssf3614}*
- b. Were limited in the kind of work or other activities *{chssf3615}*

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -4 | Prefer not to say |

Q8. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?

- a. Accomplished less than you would like *{chssf3618}*
- b. Didn't do work or other activities as carefully as usual *{chssf3619}*

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -4 | Prefer not to say |



Q9. During the **past 4 weeks**, how much did **pain** interfere with your normal work (including both work outside the home and housework)? *{chssf3622}*

| | |
|----|-------------------|
| 1 | Not at all |
| 2 | A little bit |
| 3 | Moderately |
| 4 | Quite a bit |
| 5 | Extremely |
| -4 | Prefer not to say |

These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling.

Q10. How much of the time during the **past 4 weeks**...

- a. Have you felt calm and peaceful? *{chssf3626}*
- b. Did you have a lot of energy? *{chssf3627}*
- c. Have you felt downhearted and blue? *{chssf3628}*

| | |
|----|----------------------|
| 1 | All of the time |
| 2 | Most of the time |
| 3 | Some of the time |
| 4 | A little of the time |
| 5 | None of the time |
| -4 | Prefer not to say |

Q11. During the **past 4 weeks**, how much of the time have your **physical health or emotional problems** interfered with your social activities, like visiting with friends, relatives, etc.? *{chssf3632}*

| | |
|----|----------------------|
| 1 | All of the time |
| 2 | Most of the time |
| 3 | Some of the time |
| 4 | A little of the time |
| 5 | None of the time |
| -4 | Prefer not to say |

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Q12. Has a doctor or other health professional ever told you that you had any of the following health conditions?

Select all that apply.

- Asthma *{chdasthev}*
- Chronic lung disease (other than asthma) *{chdlungev}*
- Type 1 diabetes *{chddia1ev}*
- Type 2 diabetes *{chddia2ev}*
- Depression *{chddeprev}*
- An anxiety disorder (specify type of anxiety disorder) *{chdanxdev, chdanxtx}*
- Any other mental health condition (specify type of mental health condition) *{chdmhcoev, chdmhco}*

- High cholesterol *{chdcholev}*
- High blood pressure *{chdhibpev}*
- High blood lipids (fats) *{chdhiblev}*
- Heart disease *{chdhdisev}*
- Stroke *{chdstroev}*
- Sleep apnoea (interruptions to breathing while sleeping) *{chdsipaev}*
- Cancer (specify type of cancer) *{chdcancev, chdcanc tx}*
- Other health condition 1 (specify other health condition) *{chdoth1ev, chdoth1tx}*
- Other health condition 2 (specify other health condition) *{chdoth2ev, chdoth2tx}*
- Other health condition 3 (specify other health condition) *{chdoth3ev, chdoth3tx}*
- Other health condition 4 (specify other health condition) *{chdoth4ev, chdoth4tx}*
- Other health condition 5 (specify other health condition) *{chdoth5ev, chdoth5tx}*
- None of the above *{chdnoneev}*

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

Q13. Have you been treated for any of these conditions in the **past 12 months**?

Select all that apply.

- Asthma *{chdasth12}*
- Chronic lung disease (other than asthma) *{chdlung12}*
- Type 1 diabetes *{chddia112}*
- Type 2 diabetes *{chddia212}*
- Depression *{chddepr12}*
- An anxiety disorder *{chdanxd12}*
- Any other mental health condition *{chdmhco12}*
- High cholesterol *{chdchol12}*
- High blood pressure *{chdhibp12}*
- High blood lipids (fats) *{chdhibl12}*
- Heart disease *{chdhdis12}*
- Stroke *{chdstro12}*
- Sleep apnoea (interruptions to breathing while sleeping) *{chdsipa12}*
- Cancer *{chdcanc12}*
- Other health condition 1 *{chdoth112}*
- Other health condition 2 *{chdoth212}*
- Other health condition 3 *{chdoth312}*
- Other health condition 4 *{chdoth412}*
- Other health condition 5 *{chdoth512}*
- Other health condition 6 *{chdoth612, chdoth6tx}*
- None of the above *{chdnone12}*



| | |
|---|-----|
| 0 | No |
| 1 | Yes |

Q14. In the **last seven days** about how many hours did you usually sleep each night?

Do not include naps. If you do shift work or you have variable sleeping patterns, please try to estimate the average number of hours in your sleep period, whether this is during the night or day.

- a. On a weekday *{chzslpwdd}*
- b. On the weekend *{chzslpwed}*

| | |
|-------|-------------------|
| _____ | Hours |
| _____ | Minutes |
| -3 | Don't know |
| -4 | Prefer not to say |

The next questions ask about any disabilities or impairments you may have and the impact of these on your functioning.

Q15. Do you have difficulty...

- a. Seeing, even if wearing glasses? *{chiwgdsi1}*
- b. Hearing, even if using a hearing aid? *{chiwgdsi2}*
- c. Walking or climbing steps? *{chiwgdsi3}*
- d. Remembering or concentrating? *{chiwgdsi4}*
- e. With self-care such as washing all over or dressing? *{chiwgdsi5}*
- f. Understanding or being understood while using your usual (customary) language? *{chiwgdsi6}*

| | |
|----|-------------------|
| 1 | No |
| 2 | Yes |
| -4 | Prefer not to say |

[if any of Q15 = Yes]

Q16. How much difficulty do you have...

- a. Seeing, even if wearing glasses? *{chiwgds01}*
- b. Hearing, even if using a hearing aid? *{chiwgds02}*
- c. Walking or climbing steps? *{chiwgds03}*
- d. Remembering or concentrating? *{chiwgds04}*
- e. With self-care such as washing all over or dressing? *{chiwgds05}*
- f. Understanding or being understood while using your usual (customary) language? *{chiwgds06}*

| | |
|---|---------------------|
| 1 | Some difficulty |
| 2 | A lot of difficulty |
| 3 | Cannot do at all |



-4 Prefer not to say

In this next section we ask about your height and weight.

[if cseageownd < 25 years]

Q17. How tall are you without shoes? {cbwhghtcmd}

| | |
|-------|-------------------|
| _____ | Centimetres |
| OR | |
| _____ | Feet |
| _____ | Inches |
| -3 | Don't know |
| -4 | Prefer not to say |

Q18. How much do you weigh? {cbwwghtkgd}

| | |
|-------|-------------------|
| _____ | Kilograms |
| OR | |
| _____ | Stones |
| _____ | Pounds |
| OR | |
| _____ | Pounds |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cseageownd < 23 years]

The next set of questions ask about your experience of body changes during puberty.

[if cseageownd < 23 years]

Q19. Which of the following best describes your growth in height, or your growth spurt?
{chbpd1gs}

| | |
|----|------------------------|
| 1 | Has not started yet |
| 2 | Has barely started |
| 3 | Has definitely started |
| 4 | Seems complete |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cseageownd < 23 years]

Q20. Which of the following best describes the growth of your body hair? That is, hair in any place other than your head, such as under your arms. *{chbpds2bh}*

| | |
|----|------------------------|
| 1 | Has not started yet |
| 2 | Has barely started |
| 3 | Has definitely started |
| 4 | Seems complete |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cseageownd < 23 years]

Q21. Which of the following best describes the deepening of your voice? *{chbpds4dv}*

| | |
|----|------------------------|
| 1 | Has not started yet |
| 2 | Has barely started |
| 3 | Has definitely started |
| 4 | Seems complete |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cseageownd < 23 years]

Q22. Which of the following best describes the growth of hair on your face? *{chbpds5fh}*

| | |
|----|------------------------|
| 1 | Has not started yet |
| 2 | Has barely started |
| 3 | Has definitely started |
| 4 | Seems complete |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cseageownd < 23 years]

Q23. Which of the following best describes any changes in your skin, especially pimples? *{chbpds3sc}*

| | |
|----|------------------------|
| 1 | Has not started yet |
| 2 | Has barely started |
| 3 | Has definitely started |
| 4 | Seems complete |
| -3 | Don't know |
| -4 | Prefer not to say |



YOUR LIFESTYLE

The next questions ask about factors that may influence your health and wellbeing.

Q24. How do you see yourself? Are you generally a person who is fully prepared to take risks or do you try to avoid taking risks? *{cbrrisktk}*

Please mark a box on the scale below that best indicates your level of willingness to take risks. The value 0 means “Not at all willing to take risks” and the value 10 means “Very willing to take risks”.

| | |
|----|--------------------------------------|
| 0 | Not at all willing to take risks - 0 |
| 1 | 1 |
| 2 | 2 |
| 3 | 3 |
| 4 | 4 |
| 5 | 5 |
| 6 | 6 |
| 7 | 7 |
| 8 | 8 |
| 9 | 9 |
| 10 | Very willing to take risks - 10 |
| -4 | Prefer not to say |

Q25. In the **past week**, how many times have you walked continuously, for at least 10 minutes? *{cbpwalk01}*

| | |
|-------|-------------------|
| 0 | None |
| _____ | Times |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbpwalk1 > 0]

Q26. What do you estimate was the total time that you spent walking in this way in the **past week**? *{cbpwalk05d}*

| | |
|-------|-------------------|
| _____ | Hours |
| _____ | Minutes |
| -3 | Don't know |
| -4 | Prefer not to say |



Q27. In the **past week**, how many times did you do any vigorous physical activity which made you breathe harder or puff and pant (e.g. jogging, cycling, aerobics, competitive tennis, etc.)? *{cbpvigpa1}*

| | |
|-------|-------------------|
| 0 | None |
| _____ | Times |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbpvicpa1 > 0]

Q28. What do you estimate was the total time that you spent doing this vigorous physical activity in the **past week**? *{cbpvigpa5d}*

| | |
|-------|-------------------|
| _____ | Hours |
| _____ | Minutes |
| -3 | Don't know |
| -4 | Prefer not to say |

Q29. In the **past week**, how many times did you do any more moderate physical activities that you have not already mentioned (e.g. gentle swimming, social tennis, golf, gardening, etc.)? *{cbpmodpa1}*

| | |
|-------|-------------------|
| 0 | None |
| _____ | Times |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbpmodpa1 > 0]

Q30. What do you estimate was the total time that you spent doing these activities in the **past week**? *{cbpmodpa5d}*

| | |
|-------|-------------------|
| _____ | Hours |
| _____ | Minutes |
| -3 | Don't know |
| -4 | Prefer not to say |

Q31. In the **past week**, how many times did you do any muscle strengthening activities (e.g. resistance training, lifting weights, doing bodyweight exercises)? *{cbpmuscl1}*

| | |
|-------|-------------------|
| 0 | None |
| _____ | Times |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cbpmuscl1 > 0]

Q32. What do you estimate was the total time that you spent doing these activities in the **past week**? {cbpmuscl5d}

| | |
|-------|-------------------|
| _____ | Hours |
| _____ | Minutes |
| -3 | Don't know |
| -4 | Prefer not to say |

Q33. How many hours **a day** do you spend **sitting down** on a usual work and non-work day?

Include, for example, all time spent sitting down while at home, at work, at other places or while getting from place to place during the day, such as travelling, visiting friends, watching TV or sitting at a desk or computer.

If you are **currently studying**, please consider your study days as work days.

If you are **currently not working or studying**, write '00' for a usual work day, and fill in your time spent sitting for a usual non-work day.

- a. Usual work day {cbpsituwhd}
- b. Usual non-work day {cbpsitnwhd }

| | |
|-------|-------------------|
| _____ | Hours |
| -3 | Don't know |
| -4 | Prefer not to say |

Q34. About how many serves of fruit do you usually eat each day? {cbnfruit0}

By "fruit", we mean tinned, frozen, dried or fresh fruit, but not fruit juice.

Some examples of a serve of fruit are 1 medium-sized piece of fruit such as an apple, 2 small fruits like a kiwi fruit, 1 cup of diced/canned fruit or 1 1/2 tablespoons of dried fruit.

Note: if you eat less than one serve of fruit per day, enter once a week as 0.15, twice a week as 0.30, three times a week as 0.45, four times a week as 0.60, five times a week as 0.75, six times a week as 0.9.

| | |
|-------|------------------------------------|
| _____ | Number of serves of fruit each day |
| -3 | Don't know |
| -4 | Prefer not to say |



Q35. About how many serves of vegetables do you usually eat each day? {cbnveg000}

A serve is, for example, 1 potato (not counting chips/fries), or 1 cup of salad vegetables, or 1/2 cup cooked vegetables, or 1/2 cup cooked dried beans (e.g. peas, or lentils).

Note: if you eat less than one serve of vegetables per day, enter once a week as 0.15, twice a week as 0.30, three times a week as 0.45, four times a week as 0.60, five times a week as 0.75, six times a week as 0.9.

| | |
|-------|---|
| _____ | Number of serves of vegetables each day |
| -3 | Don't know |
| -4 | Prefer not to say |



GAMBLING

The next questions are about gambling.

Q36. How often, on average, did you spend money on the following during the past 12 months?

Please note that other gambling products such as lotto (lottery games), instant scratch tickets and bingo are excluded from the list.

Please choose the appropriate response for each item:

- a. Poker machines (pokies) *{cbggmbpkm}*
- b. Horse racing *{cbggmbhrs}*
- c. Sports events *{cbggmbspt}*
- d. Greyhound racing *{cbggmbgrh}*
- e. Casino table games (e.g. blackjack, roulette, but not poker) *{cbggmbcas}*
- f. Poker *{cbggmbpok}*
- g. eSports (for money) *{cbggmbesp}*
- h. Fantasy sports (for money) *{cbggmbfsp}*

| | |
|----|------------------------|
| 0 | Never |
| 1 | Once or twice a year |
| 2 | A few times a year |
| 3 | Once a month |
| 4 | 2 to 3 times a month |
| 5 | Once a week |
| 6 | 2 to 3 times a week |
| 7 | 4 or more times a week |
| -4 | Prefer not to say |



[if cbggmbpkm, etc >0]

Q37. Thinking about the last 12 months...

Please choose the appropriate response for each item:

- a. Have you bet more than you could really afford to lose? *{cbgpksi01}*
- b. Have you needed to gamble with larger amounts of money to get the same feeling of excitement? *{cbgpksi02}*
- c. When you gambled, did you go back another day to try to win back the money you lost? *{cbgpksi03}*
- d. Have you borrowed money or sold anything to get money to gamble? *{cbgpksi04}*
- e. Have you felt that you might have a problem with gambling? *{cbgpksi05}*
- f. Has gambling caused you any health problems, including stress or anxiety? *{cbgpksi08}*
- g. Have people criticised your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true? *{cbgpksi06}*
- h. Has your gambling caused any financial problems for you or your household? *{cbgpksi09}*
- i. Have you felt guilty about the way you gamble or what happens when you gamble? *{cbgpksi07}*

| | |
|----|-------------------|
| 0 | Never |
| 1 | Sometimes |
| 2 | Most of the time |
| 3 | Almost always |
| -4 | Prefer not to say |

If you would like to talk to someone about these issues, you can call Lifeline on 131 114 (local call), or the Gambling Helpline on 1800 858 858.



SUBSTANCE ABUSE

The next questions are about substance use. We are interested in your alcohol and substance use as this can impact men differently.

The next questions are about men's patterns of use of cigarettes, alcohol, and other substances.

Please remember that you can skip any questions that you do not feel comfortable answering.

Q38. Have you ever smoked even part of a cigarette? *{cbtcigeva}*

Exclude electronic cigarettes, cigars, pipes, cannabis etc.
Include filtered, 'light' or 'mild' or roll-your-own cigarettes.

| | |
|----|--|
| 1 | No |
| 2 | Yes – I have smoked but fewer than 100 cigarettes in my life |
| 3 | Yes - I have smoked more than 100 cigarettes in my life |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbtcigeva in (2,3)]

Q39. How old were you when you smoked your first cigarette? *{cbtcigage}*

Exclude electronic cigarettes, cigars, pipes, cannabis etc.
Include filtered, 'light' or 'mild' or roll-your-own cigarettes.

| | |
|-------|-------------------|
| _____ | Years |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbtcigeva in (2,3)]

Q40. Do you currently smoke? *{cbtcignow}*

Exclude electronic cigarettes, cigars, pipes, cannabis etc.
Include filtered, 'light' or 'mild' or roll-your-own cigarettes.

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbtcignow = 0]

Q41. How old were you when you smoked your last cigarette? *{cbtcigend}*

| | |
|-------|-------------------|
| _____ | Years |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cbtcignow = 1]

Q42. On average, how many cigarettes do you smoke per day or per week? {cbtcigspdd}

| | |
|-------|---------------------|
| _____ | Cigarettes per day |
| OR | |
| _____ | Cigarettes per week |
| -3 | Don't know |
| -4 | Prefer not to say |

Q43. Have you ever used an e-cigarette? {cbtecgeva}

Electronic cigarettes or e-cigarettes are personal vaporising devices where users inhale vapour rather than smoke. The vapours usually contain flavourings and may contain nicotine as well.

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbtecgeva = 1]

Q44. How old were you when you had your first e-cigarette? {cbtecgage}

| | |
|-------|-------------------|
| _____ | Years |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbtecgeva = 1]

Q45. How often, if at all, do you **currently** use e-cigarettes? {cbtecgfre}

| | |
|----|---------------------------------------|
| 1 | I used to use them, but no longer use |
| 2 | Less than monthly |
| 3 | At least monthly (but not weekly) |
| 4 | At least weekly (but not daily) |
| 5 | Once a day |
| 6 | 2-5 times a day |
| 7 | More than 5 times a day |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbtecgfre = 1]

Q46. How old were you when you last used e-cigarettes? {cbtecgend}

| | |
|-------|-------------------|
| _____ | Years |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cbtecgfre in (2,3,4,5,6,7)]

Q47. What is the amount of nicotine that you usually use? {cbtecgnic}

| | |
|----|---------------------|
| 1 | 0mg (nicotine free) |
| 2 | 1–7mg |
| 3 | 8–16mg |
| 4 | More than 16mg |
| -3 | Don't know |
| -4 | Prefer not to say |

Q48. Have you ever had an alcoholic drink of any kind? {cbaalceva}

| | |
|----|------------------------------------|
| 1 | Yes, more than just a sip or taste |
| 2 | Yes, but just a sip or taste |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbaalceva = 1]

Q49. How old were you when you had your first full serve (a glass) of alcohol? {cbaalceage}

| | |
|-------|-------------------|
| _____ | Years |
| -3 | Don't know |
| -4 | Prefer not to say |

For the following questions try to answer in terms of 'standard drinks'. Alcoholic drinks are measured in terms of a 'standard drink'. A standard drink is equal to 1 small glass of full-strength beer, 1 small glass of wine or 1 pub-sized nip of spirits.

[if cbaalceva = 1]

Q50. How often do you have a drink containing alcohol? {cbaadt001}

| | |
|----|------------------------|
| 0 | Never |
| 1 | Monthly or less |
| 2 | 2-4 times a month |
| 3 | 2-3 times a week |
| 4 | 4 or more times a week |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cbaalcp12 in (1,2,3,4)]

Q51. How many standard drinks do you have on a typical day when you are drinking alcohol?
{cbaadt002}

| | |
|----|-------------------|
| 0 | 1 or 2 |
| 1 | 3 or 4 |
| 2 | 5 or 6 |
| 3 | 7 to 9 |
| 4 | 10 or more |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbaalcp12 in (1,2,3,4)]

Q52. How often do you have 6 or more standard drinks on one occasion? {cbaadt003}

| | |
|----|-----------------------|
| 0 | Never |
| 1 | Less than monthly |
| 2 | Monthly |
| 3 | Weekly |
| 4 | Daily or almost daily |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbaalcp12 in (1,2,3,4)]

Q53. How often during the last year have you:
(Mark the one closest answer in each row)

- a. Found that you were not able to stop drinking once you had started? {cbaadt004}
- b. Failed to do what was normally expected from you because of drinking? {cbaadt005}
- c. Needed a first drink in the morning to get yourself going after a heavy drinking session? {cbaadt006}
- d. Had a feeling of guilt or remorse after drinking? {cbaadt007}
- e. Been unable to remember what happened the night before because you had been drinking? {cbaadt008}

| | |
|----|-----------------------|
| 0 | Never |
| 1 | Less than monthly |
| 2 | Monthly |
| 3 | Weekly |
| 4 | Daily or almost daily |
| -4 | Prefer not to say |



[if cbaalcp12 in (1,2,3,4)]

Q54. Have you or someone else been injured because of your drinking? {cbaadt009}

| | |
|----|-------------------------------|
| 0 | No |
| 1 | Yes, but not in the last year |
| 2 | Yes, during the last year |
| -4 | Prefer not to say |

[if cbaalcp12 in (1,2,3,4)]

Q55. Has a relative, friend, doctor or other health worker been concerned about your drinking or suggested you cut down? {cbaadt010}

| | |
|----|-------------------------------|
| 0 | No |
| 1 | Yes, but not in the last year |
| 2 | Yes, during the last year |
| -4 | Prefer not to say |

These next questions ask about illicit substance use. The information you provide will not be identifiable and will be used along with the data from other men to explore patterns of substance use and how they relate to men's health and wellbeing.

Please remember that you can select "Prefer not to say" to skip any questions that you do not feel comfortable answering.

Q56. For each of the types of drugs listed below, indicate whether you have ever used it.

- a. Cannabis (i.e. marijuana, pot, grass, weed, joint) {cbdmarev}
- b. Ice (i.e. crystal methamphetamine, shard, tina) {cbdice0ev}
- c. Other meth/amphetamines (e.g. speed, powder meth, whiz, goey) {cbdoampev}
- d. Cocaine (i.e. coke, charlie, blow, snow) {cbdcokeev}
- e. Ecstasy (i.e. XTC, E, Ex, Eccy, MDMA) {cbdecstev}
- f. GHB (i.e. G, GBH, liquid e, liquid x, juice) {cbdghb0ev}
- g. Hallucinogens (e.g. LSD/acid, magic mushrooms) {cbdhallev}
- h. Heroin (i.e. hammer, smack, H, junk, gear) {cbdheroev}
- i. Inhalants (e.g. chroming, sniffing, solvents, glue, petrol, bulbs, poppers) {cbdgas0ev}
- j. Ketamine (i.e. K, special K, ket) {cbdketaev}
- k. Synthetic cannabis (designed to mimic cannabis, i.e. spice, kronic, northern lights, blue lotus, K2) {cbdsycaev}
- l. Other psychoactive / synthetic drugs (i.e. drugs that have been designed to mimic established illicit drugs, such as party pills, research chemicals) {cbdosynev}
- m. Non-Medical use of anabolic steroids (e.g. Deca, Nandrolone, Ostarine, Ligandrol, Nutrobal) {cbdsterev}
- n. Any other illicit drug 1 (specify) {cbdodr1ev, cbdodr1tx}
- Any other illicit drug 2 (specify) {cbdodr2ev, cbdodr2tx}
- Any other illicit drug 3 (specify) {cbdodr3ev, cbdodr3tx}



| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if has used drugs]

Q57. Please indicate the age you first used

- a. Cannabis (i.e. marijuana, pot, grass, weed, joint) *{cbdmruag}*
- b. Ice (i.e. crystal methamphetamine, shard, tina) *{cbdice0ag}*
- c. Other meth/amphetamines (e.g. speed, powder meth, whiz, goey) *{cbdoampag}*
- d. Cocaine (i.e. coke, charlie, blow, snow) *{cbdcokag}*
- e. Ecstasy (i.e. XTC, E, Ex, Eccy, MDMA) *{cbdecstag}*
- f. GHB (i.e. G, GBH, liquid e, liquid x, juice) *{cbdghb0ag}*
- g. Hallucinogens (e.g. LSD/acid, magic mushrooms) *{cbdhallag}*
- h. Heroin (i.e. hammer, smack, H, junk, gear) *{cbdheroag}*
- i. Inhalants (e.g. chroming, sniffing, solvents, glue, petrol, bulbs, poppers) *{cbdgas0ag}*
- j. Ketamine (i.e. K, special K, ket) *{cbdketaag}*
- k. Synthetic cannabis (designed to mimic cannabis, i.e. spice, kronic, northern lights, blue lotus, K2) *{cbdsycaag}*
- l. Other psychoactive / synthetic drugs (i.e. drugs that have been designed to mimic established illicit drugs, such as party pills, research chemicals) *{cbdosynag}*
- m. Non-Medical use of anabolic steroids (e.g. Deca, Nandrolone, Ostarine, Ligandrol, Nutrobal) *{cbdsterag}*
- n. Any other illicit drug 1 (specify) *{cbdodr1ag}*
Any other illicit drug 2 (specify) *{cbdodr2ag}*
Any other illicit drug 3 (specify) *{cbdodr3ag}*

| | |
|-------|-------------------|
| _____ | Years |
| -3 | Don't know |
| -4 | Prefer not to say |



[if has used drugs]

Q58. In the **past 12 months**, how often did you use

Please pick the response that best fits your average level of drug use over the 12 months.

- a. Cannabis (i.e. marijuana, pot, grass, weed, joint) *{cbdmарuрy}*
- b. Ice (i.e. crystal methamphetamine, shard, tina) *{cbdice0рy}*
- c. Other meth/amphetamines (e.g. speed, powder meth, whiz, goey) *{cbdoampрy}*
- d. Cocaine (i.e. coke, charlie, blow, snow) *{cbdcоkeрy}*
- e. Ecstasy (i.e. XTC, E, Ex, Eccy, MDMA) *{cbdecstрy}*
- f. GHB (i.e. G, GBH, liquid e, liquid x, juice) *{cbdghb0рy}*
- g. Hallucinogens (e.g. LSD/acid, magic mushrooms) *{cbdhallрy}*
- h. Heroin (i.e. hammer, smack, H, junk, gear) *{cbdherоy}*
- i. Inhalants (e.g. chroming, sniffing, solvents, glue, petrol, bulbs, poppers) *{cbdgas0рy}*
- j. Ketamine (i.e. K, special K, ket) *{cbdketарy}*
- k. Synthetic cannabis (designed to mimic cannabis, i.e. spice, kronic, northern lights, blue lotus, K2) *{cbdsycарy}*
- l. Other psychoactive / synthetic drugs (i.e. drugs that have been designed to mimic established illicit drugs, such as party pills, research chemicals) *{cbdosynрy}*
- m. Non-Medical use of anabolic steroids (e.g. Deca, Nandrolone, Ostarine, Ligandrol, Nutrobal) *{cbdsterрy}*
- n. Any other illicit drug 1 (specify) *{cbdodr1рy}*
Any other illicit drug 2 (specify) *{cbdodr2рy}*
Any other illicit drug 3 (specify) *{cbdodr3рy}*

| | |
|----|----------------------|
| 6 | Everyday |
| 5 | Once a week or more |
| 4 | 2 or 3 times a month |
| 3 | About once a month |
| 2 | Every few months |
| 1 | Once or twice |
| 0 | Never |
| -3 | Don't know |
| -4 | Prefer not to say |



[if has used drugs in past 12 months]

Q59. Have you used [name of drug] in the **last four weeks**?

- a. Cannabis (i.e. marijuana, pot, grass, weed, joint) *{cbdmarrup4}*
- b. Ice (i.e. crystal methamphetamine, shard, tina) *{cbdice0p4}*
- c. Other meth/amphetamines (e.g. speed, powder meth, whiz, goey) *{cbdoampp4}*
- d. Cocaine (i.e. coke, charlie, blow, snow) *{cbdcokkep4}*
- e. Ecstasy (i.e. XTC, E, Ex, Eccy, MDMA) *{cbdecstp4}*
- f. GHB (i.e. G, GBH, liquid e, liquid x, juice) *{cbdghb0p4}*
- g. Hallucinogens (e.g. LSD/acid, magic mushrooms) *{cbdhallp4}*
- h. Heroin (i.e. hammer, smack, H, junk, gear) *{cbdherop4}*
- i. Inhalants (e.g. chroming, sniffing, solvents, glue, petrol, bulbs, poppers) *{cbdgas0p4}*
- j. Ketamine (i.e. K, special K, ket) *{cbdketap4}*
- k. Synthetic cannabis (designed to mimic cannabis, i.e. spice, kronic, northern lights, blue lotus, K2) *{cbdsycap4}*
- l. Other psychoactive / synthetic drugs (i.e. drugs that have been designed to mimic established illicit drugs, such as party pills, research chemicals) *{cbdosynp4}*
- m. Non-Medical use of anabolic steroids (e.g. Deca, Nandrolone, Ostarine, Ligandrol, Nutrobal) *{cbdsterp4}*
- n. Any other illicit drug 1 (specify) *{cbdodr1p4}*
Any other illicit drug 2 (specify) *{cbdodr2p4}*
Any other illicit drug 3 (specify) *{cbdodr3p4}*

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

If you would like to talk to someone about drug and alcohol issues, you can call Lifeline on 131 114 (local call), or visit www.counsellingonline.org.au



YOUR BELIEFS AND FEELINGS

The next questions are about your beliefs and feelings.

The following questions ask how satisfied you feel, on a scale from zero to 10. Zero means you feel no satisfaction at all and 10 means you feel completely satisfied.

Q60. Thinking about your own life and personal circumstances, how satisfied are you with...

- a. Your standard of living? *{cwlpci001}*
- b. Your health? *{cwlpci002}*
- c. What you are achieving in life? *{cwlpci003}*
- d. Your personal relationships? *{cwlpci004}*
- e. How safe you feel? *{cwlpci005}*
- f. Feeling part of your community? *{cwlpci006}*
- g. Your future security? *{cwlpci007}*

| | |
|----|----------------------------|
| 0 | 0 – No satisfaction at all |
| 1 | 1 |
| 2 | 2 |
| 3 | 3 |
| 4 | 4 |
| 5 | 5 |
| 6 | 6 |
| 7 | 7 |
| 8 | 8 |
| 9 | 9 |
| 10 | 10 – Completely satisfied |
| -4 | Prefer not to say |



[if cseageownd < 18 years]

Q61. Thinking about your own actions, feelings and beliefs, how much do you personally agree or disagree with each statement?

There are no right or wrong answers - you should just give the responses that most accurately describe your personal actions, feelings and beliefs. It is best if you respond with your first impression when answering.

- a. My work/school is the most important part of my life. {csgcm2201}
- b. I make sure people do as I say. {csgcm2202}
- c. In general, I do not like risky situations. {csgcm2203}
- d. It would be awful if someone thought I was gay. {csgcm2204}
- e. I love it when men are in charge of women. {csgcm2205}
- f. I like to talk about my feelings. {csgcm2206}
- g. I would feel good if I had many sexual partners. {csgcm2207}
- h. It is important to me that people think I am heterosexual. {csgcm2208}
- i. I believe that violence is never justified. {csgcm2209}
- j. I tend to share my feelings. {csgcm2210}
- k. I should be in charge. {csgcm2211}
- l. I would hate to be important. {csgcm2212}
- m. Sometimes violent action is necessary. {csgcm2213}
- n. I don't like giving all my attention to work/school. {csgcm2214}
- o. More often than not, losing does not bother me. {csgcm2215}
- p. If I could, I would frequently change sexual partners. {csgcm2216}
- q. I never do things to be an important person. {csgcm2217}
- r. I never ask for help. {csgcm2218}
- s. I enjoy taking risks. {csgcm2219}
- t. Men and women should respect each other as equals. {csgcm2220}
- u. Winning is the most important thing. {csgcm2221}
- v. It bothers me when I have to ask for help. {csgcm2222}

| | |
|----|-------------------|
| 0 | Strongly disagree |
| 1 | Disagree |
| 2 | Agree |
| 3 | Strongly agree |
| -4 | Prefer not to say |



The next questions are about your mental health. The information you provide will help researchers to better understand mental health issues, how they develop and how they can be prevented or improved.

Please remember that you can skip any questions that you do not feel comfortable answering.

Q62. Over the **last 2 weeks**, how often have you been bothered by any of the following problems?

- a. Feeling down, depressed, irritable, or hopeless {cwdph9i02}
- b. Little interest or pleasure in doing things {cwdph9i01}
- c. Trouble falling asleep, staying asleep, or sleeping too much {cwdph9i03}
- d. Poor appetite, weight loss, or overeating {cwdph9i05}
- e. Feeling tired, or having little energy {cwdph9i04}
- f. Feeling bad about yourself – or feeling that you are a failure, or that you have let yourself or your family down {cwdph9i06}
- g. [if age < 18 years] Trouble concentrating on things like school work, reading, or watching TV
[if age ≥ 18 years] Trouble concentrating on things, such as reading the newspaper or watching television {cwdph9i07}
- h. Moving or speaking so slowly that other people could have noticed / Or the opposite – being so fidgety or restless that you were moving around a lot more than usual {cwdph9i08}
- i. Thoughts that you would be better off dead, or of hurting yourself in some way {cwdph9i09}

| | |
|----|-------------------------|
| 0 | Not at all |
| 1 | Several days |
| 2 | More than half the days |
| 3 | Nearly every day |
| -4 | Prefer not to say |

[if any of Q62 in (1,2,3)]

Q63. How difficult have these problems made it for you to do your work, take care of things at home, or get along with people? {cwdph9i10}

| | |
|----|----------------------|
| 0 | Not at all difficult |
| 1 | Somewhat difficult |
| 2 | Very difficult |
| 3 | Extremely difficult |
| -4 | Prefer not to say |



Q64. Over the **last 2 weeks**, how often have you been bothered by the following problems?

- a. Feeling nervous, anxious, or on edge {cwdgad701}
- b. Not being able to stop or control worrying {cwdgad702}
- c. Worrying too much about different things {cwdgad703}
- d. Trouble relaxing {cwdgad704}
- e. Being so restless that it is hard to sit still {cwdgad705}
- f. Becoming easily annoyed or irritable {cwdgad706}
- g. Feeling afraid as if something awful might happen {cwdgad707}

| | |
|----|--------------------|
| 0 | Not at all |
| 1 | Several days |
| 2 | Over half the days |
| 3 | Nearly every day |
| -4 | Prefer not to say |

[if any Q64 in (2,3,4)]

Q65. How difficult have these problems made it for you to do your work, take care of things at home, or get along with other people? {cwdgad710}

| | |
|----|----------------------|
| 0 | Not at all difficult |
| 1 | Somewhat difficult |
| 2 | Very difficult |
| 3 | Extremely difficult |
| -4 | Prefer not to say |

The next questions ask about self-harm and suicide.

Suicide is the leading cause of death among Australian males aged 15-44. We ask these questions to better understand this behaviour, and to develop ways of supporting those at risk.

We understand that these questions are sensitive and may make you feel uncomfortable. **Please remember that you can select “prefer not to say” for any questions that you do not feel comfortable answering.**

Q66. Would you like to continue to these questions? {cwsconsui}

| | |
|---|--|
| 1 | Yes |
| 0 | No, I would prefer to skip the questions |



[if cwsconsui=1]

Sometimes people feel like hurting themselves.

Q67. Have you ever in your lifetime...

- a. thought about hurting yourself on purpose in any way (e.g. by taking an overdose of pills, or by cutting or burning yourself)? {cwshuthev}
- b. hurt yourself on purpose in any way (e.g. by taking an overdose of pills, or by cutting or burning yourself)? {cwsharmev}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cwshuthev=1 or cwsharmev=1]

Q68. During the past **12 months** have you...

- a. thought about hurting yourself on purpose in any way (e.g. by taking an overdose of pills, or by cutting or burning yourself)? {cwshuth12}
- b. hurt yourself on purpose in any way (e.g. by taking an overdose of pills, or by cutting or burning yourself)? {cwsharm12}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cwsconsui=1]

Q69. Have you seriously considered attempting suicide **ever** in your life? {cwssuthev}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cwssuthev = 1]

Q70. Have you seriously considered attempting suicide in the **past 12 months**? {cwssuth12}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cwsconsui=1]

Q71. Have you **ever in your life** made a plan about how you would attempt suicide?
{cwssuplev}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cwssuplev=1]

Q72. During the **past 12 months**, have you made a plan about how you would attempt suicide? {cwssupl12}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cws_con=1]

Q73. How many times did you actually attempt suicide **ever in your life**? {cwssuatev}

| | |
|----|-------------------|
| 0 | 0 times |
| 1 | 1 time |
| 2 | 2 or 3 times |
| 3 | 4 or 5 times |
| 4 | 6 or more times |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cwssuatev>0]

Q74. How many times did you actually attempt suicide in the **past 12 months**? {cwssuat12}

| | |
|----|-------------------|
| 0 | 0 times |
| 1 | 1 time |
| 2 | 2 or 3 times |
| 3 | 4 or 5 times |
| 4 | 6 or more times |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cwssuatev in (1,2,3,4)]

Q75. Did any attempt result in an injury, poisoning or overdose that had to be treated by a doctor or nurse? {cwssuinev}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cwssuat12 in (1,2,3,4) and cwsharm12 = 1]

Q76. During the past 12 months, did you hurt yourself on purpose when you were not intending to end your life? {cwshurt12}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cseageownd < 18]

If you would like to talk to someone about these issues, you can call Lifeline on 131 114 (local call), or eHeadspace on 1800 650 890.

[if cseageownd >= 18]

If you would like to talk to someone about these issues, you can call Lifeline on 131 114 (local call), or the Beyond Blue support service on 1300 22 4636.



RELATIONSHIPS AND SEX

The next questions ask about relationships and sex. They include detailed questions about your sexual history, which we understand may make you feel uncomfortable. We ask them because sexual behaviour can have important consequences for health.

Please remember that you can select 'Don't know' or 'Prefer not to say' for any questions you do not feel comfortable answering.

Q77. What is your current gender identity? *{csggendid, csggendtx}*

| | |
|----|-----------------------------------|
| 1 | Male |
| 2 | Female |
| 3 | Transgender, male to female |
| 4 | Transgender, female to male |
| 5 | Genderqueer/Gender non-conforming |
| 6 | Other identity (specify) |
| -3 | Don't know |
| -4 | Prefer not to say |

Q78. Do you think of yourself as: *{csgsexper, csgsexptx}*

| | |
|----|-------------------|
| 1 | Heterosexual |
| 2 | Bisexual |
| 3 | Homosexual |
| 5 | Other (specify) |
| -3 | Don't know |
| -4 | Prefer not to say |

Q79. Have you ever had sex with someone?

- a. Oral *{cbxosexev}*
- b. Vaginal *{cbxvsexev}*
- c. Anal *{cbxasexev}*

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cbxosexev = 1]

Q80. How old were you when you first had oral sex with someone? {cbxsexoay}

| | |
|-------|-------------------|
| _____ | Years old |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbxvsexev = 1]

Q81. How old were you when you first had vaginal sex with someone? {cbxsexvay}

| | |
|-------|-------------------|
| _____ | Years old |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbxasexev = 1]

Q82. How old were you when you first had anal sex with someone? {cbxsexaay}

| | |
|-------|-------------------|
| _____ | Years old |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbxosexev, cbxvsexev or cbxsexaev = 1]

Q83. Have you had sex with someone in the past **12 months**?

- a. Oral {cbxosex12}
- b. Vaginal {cbxvsex12}
- c. Anal {cbxasex12}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cbxosex12, cbxvsex12 or cbxsexa12 = 1]

Q84. In the past 12 months, how many people have you had sex with (vaginal, oral or anal sex)?

Please include everyone you have had vaginal, oral or anal sex with in the past 12 months, whether it was just once, a few times, or with a regular partner (e.g. spouse or life partner). Be as accurate as you can: give your best estimate if you can't remember exactly.

Answer with the number of partners for each gender. Answer 0 if you have not had sex with a person of a particular gender.

- a. Females {cbxsexf12}
- b. Males {cbxsexm12}
- c. Other Gender {cbxsexx12}

| _____ | Number |
|-------|-------------------|
| -3 | Don't know |
| -4 | Prefer not to say |

[if cvxsexf12, cbsexm12 or cbsexx12 > 0]

Q85. How many of these were new partners who you had sex with for the first time? (Write '0' if none.)

- a. Females {cbxsexnfy}
- b. Males {cbxsexnmy}
- c. Other Gender {cbxsexnxy}

| _____ | Number |
|-------|-------------------|
| -3 | Don't know |
| -4 | Prefer not to say |

[if cbxosex12, cbxvsex12 or cbxsexa12 = 1]

Q86. In the past 12 months when you had sex, how often were condoms used during

- a. oral sex {cbxsexcd0}
- b. vaginal sex {cbxsexcda}
- c. anal sex {cbxsexcdv}

| | |
|----|--|
| 1 | Always |
| 2 | Most times |
| 3 | About half the time |
| 4 | Rarely |
| 5 | Never |
| 6 | I did not have sex in the past 12 months |
| -3 | Don't know |
| -4 | Prefer not to say |



Q87. In the **past 12 months**, have you experienced any of the following for a period of 3 months or longer?

(Mark **one** answer in each row)

- a. Lacked interest in having sex {chxsexint}
- b. Lacked enjoyment in sex {chxsexenj}
- c. Felt anxious during sex {chxsexanx}
- d. Felt physical pain as a result of sex {chxsexfpp}
- e. Felt no excitement or arousal during sex {chxsexexc}
- f. Did not reach a climax (experience an orgasm) or took a long time to reach a climax despite feeling excited/aroused {chxsexcli}
- g. Reached a climax (experienced an orgasm) more quickly than you would like {chxsexqck}
- h. Had trouble getting or keeping an erection {chxsexere}

| | |
|----|-------------------|
| 1 | Always |
| 0 | No |
| -2 | Not applicable |
| -3 | Don't know |
| -4 | Prefer not to say |

Q88. Have you sought help or advice regarding your sex life from any of the following sources in the last 12 months?

Select all that apply.

- a. Family member/friend {chxadvfam}
- b. Information and support sites on the Internet {chxadvweb}
- c. Self-help books/Information leaflets {chxadvbks}
- d. Self-help groups {chxadvgro}
- e. Helpline {chxadvlin}
- f. GP/Family doctor {chxadvdoc}
- g. Sexual Health/STI clinic {chxadvgum}
- h. Psychiatrist or psychologist {chxadvpsy}
- i. Relationship counsellor {chxadvrel}
- j. Other type of clinic or doctor {chxadvoth}
- k. I have not sought any help {chxadvno0}

| | |
|----|-------------------|
| 0 | No |
| 1 | Yes |
| -3 | Don't know |
| -4 | Prefer not to say |



Q89. What is your current relationship status? *{csirelsta}*

(Mark the response that best suits your current circumstances)

| | |
|----|--|
| 1 | I am single |
| 2 | I am in a relationship (not living together) |
| 3 | I am living with a partner |
| 4 | I am engaged |
| 5 | I am married |
| 6 | I am divorced |
| 7 | I am separated |
| 8 | I am widowed |
| -2 | Not applicable |
| -3 | Don't know |
| -4 | Prefer not to say |

[if csirelsta in (2,3,4,5)]

Q90. How long have you been in this relationship? *{csirelmthd}*

| | |
|-------|-------------------|
| _____ | Years |
| _____ | Months |
| -3 | Don't know |
| -4 | Prefer not to say |

[if csirelsta in (2,3,4,5)]

Q91. Taking everything into consideration, how do you feel about your relationship as a whole?

{csiflpar}

| | |
|----|------------------------------------|
| 1 | Very dissatisfied |
| 2 | Moderately dissatisfied |
| 3 | Slightly dissatisfied |
| 4 | Neither dissatisfied nor satisfied |
| 5 | Slightly satisfied |
| 6 | Moderately satisfied |
| 7 | Very satisfied |
| -4 | Prefer not to say |



HOME AND FAMILY

The next questions are about fatherhood and parenting. We're interested in how parenting can impact on men's health and wellbeing.

Please remember that you can select "Prefer not to say" to skip any questions that you do not feel comfortable answering.

Q92. How many children (including adult children) do you have?

Include biological, step and adopted children.

- a. Number of children aged 18 years and under *{csfchnu18}*
- b. Number of children aged over 18 years *{csfchno18}*

| | |
|-------|--------------------|
| _____ | Number of children |
| -3 | Don't know |
| -4 | Prefer not to say |

[if *csfchnu18* > 0]

For each of your children aged 18 or under, could you please list their age and how much of the time they usually live with you?

Q93. How old is your first / second / third etc child? *{csfch01ag, csfch02ag, csfch03ag, csfch04ag, csfch05ag, csfch06ag, csfch07ag, csfch08ag, csfch09ag, csfch10ag}*

| | |
|-------|-------------------|
| _____ | Years |
| -3 | Don't know |
| -4 | Prefer not to say |

Q94. How much of the time does this child usually live with you?

{csfch01tm, csfch02tm, csfch03tm, csfch04tm, csfch05tm, csfch06tm, csfch07tm, csfch08tm, csfch09tm, csfch10tm}
{csfch01tx, csfch02tx, csfch03tx, csfch04tx, csfch05tx, csfch06tx, csfch07tx, csfch08tx, csfch09tx, csfch10tx}

| | |
|----|--|
| 1 | All the time |
| 2 | More than 50% of the time |
| 3 | Roughly a 50/50 split |
| 4 | Less than 50% of the time |
| 5 | Never, lives with another parent or guardian |
| 6 | Never, lives independently, has left home |
| 7 | Other (specify) |
| -3 | Don't know |
| -4 | Prefer not to say |



[if csfchnu18 > 0 or csfchno18 > 0]

Q95. Taking everything into consideration, how do you feel about your parenting as a whole?
{csiflgrel}

(Mark one answer only)

| | |
|----|------------------------------------|
| 1 | Very dissatisfied |
| 2 | Moderately dissatisfied |
| 3 | Slightly dissatisfied |
| 4 | Neither dissatisfied nor satisfied |
| 5 | Slightly satisfied |
| 6 | Moderately satisfied |
| 7 | Very satisfied |
| -3 | Don't know |
| -4 | Prefer not to say |

The next questions are about where you currently live. Please exclude repayments on investment properties.

If you still live at home and pay rent to your parents, please select "Pay rent to a private owner / real estate agent".

Q96. Do you currently... {cshhmown1, cshhmowtx}

| | |
|----|---|
| 1 | Pay rent to a private owner / real estate agent |
| 2 | Pay rent for government or public housing |
| 5 | Pay housing loan or mortgage repayments |
| 6 | Pay board |
| 3 | Pay nothing due to housing being paid for or owned by someone else (e.g. parents) |
| 4 | Pay nothing due to not having a permanent place to live |
| 7 | Pay nothing due to mortgage being paid off |
| 8 | Other (specify) |
| -3 | Don't know |
| -4 | Prefer not to say |

Q97. How many people usually live in your home? {csf1hmppl}

Count all children and adults, **including yourself.**

| | |
|-------|-------------------|
| _____ | Number of people |
| -2 | Not applicable |
| -3 | Don't know |
| -4 | Prefer not to say |



Q98. How many bedrooms are there in your home? *{cshhmbdn}*

(Write 0 if none, e.g. studio apartment, caravan, etc.)

| | |
|-------|--------------------|
| _____ | Number of bedrooms |
| -2 | Not applicable |
| -3 | Don't know |
| -4 | Prefer not to say |

Q99. How many times have you moved homes in the past **two years**? *{csemvdhmn}*

| | |
|-------|-------------------|
| _____ | Number of times |
| -2 | Not applicable |
| -3 | Don't know |
| -4 | Prefer not to say |

Q100. What are your **usual** living arrangements?

Select all that apply.

- I live alone *{csflivalo}*
- I live with one or both parents *{csflivprt}*
- I live with other adults *{csflivoad}*
- I live with one or more siblings *{csflivsib}*
- I live with my partner *{csflivpnr}*
- I live with my children *{csflivmch}*
- I live with other children *{csflivoch}*
- Other (specify) *{csflivoth, csflivotx}*

| | |
|----|-------------------|
| 0 | No |
| 1 | Yes |
| -3 | Don't know |
| -4 | Prefer not to say |



INCOME, WORK AND EDUCATION

The next questions are about your income, work and education. The first question is about the combined income of the members of your household.

Note: if you live in a shared or group house please just mark your own income.

Q101. Which of these categories contains the **combined income** in your household, before tax and other deductions are taken out, during the last financial year; that is **July 2019 to June 2020**? *{cseinccom}*

Please include all income sources (including wages, investments and government pensions and benefits).

| | |
|----|---|
| 12 | \$1 - \$189 per week (\$1 - \$9,999 per year) |
| 11 | \$190 - \$379 per week (\$10,000 - \$19,999 per year) |
| 10 | \$380 - \$579 per week (\$20,000 - \$29,999 per year) |
| 9 | \$580 - \$769 per week (\$30,000 - \$39,999 per year) |
| 8 | \$770 - \$959 per week (\$40,000 - \$49,999 per year) |
| 7 | \$960 - \$1,149 per week (\$50,000 - \$59,999 per year) |
| 6 | \$1,150 - \$1,529 per week (\$60,000 - \$79,999 per year) |
| 5 | \$1,530 - \$1,919 per week (\$80,000 - \$99,999 per year) |
| 4 | \$1,920 - \$2,399 per week (\$100,000 - \$124,999 per year) |
| 3 | \$2,400 - \$2,879 per week (\$125,000 - \$149,999 per year) |
| 2 | \$2,880 - \$3,839 per week (\$150,000 - \$199,999 per year) |
| 1 | \$3,840 or more per week (\$200,000 or more per year) |
| 13 | Nil income |
| 14 | Nil income |
| -3 | Don't know |
| -4 | Prefer not to say |

Q102. Which of these categories contains your **personal** income, before tax and other deductions are taken out, during the last financial year; that is **July 2019 to June 2020**? *{cseincpsn}*

Please include all income sources (including wages, investments and government pensions and benefits).

| | |
|----|---|
| 12 | \$1 - \$189 per week (\$1 - \$9,999 per year) |
| 11 | \$190 - \$379 per week (\$10,000 - \$19,999 per year) |
| 10 | \$380 - \$579 per week (\$20,000 - \$29,999 per year) |
| 9 | \$580 - \$769 per week (\$30,000 - \$39,999 per year) |
| 8 | \$770 - \$959 per week (\$40,000 - \$49,999 per year) |
| 7 | \$960 - \$1,149 per week (\$50,000 - \$59,999 per year) |



| | |
|----|---|
| 6 | \$1,150 - \$1,529 per week (\$60,000 - \$79,999 per year) |
| 5 | \$1,530 - \$1,919 per week (\$80,000 - \$99,999 per year) |
| 4 | \$1,920 - \$2,399 per week (\$100,000 - \$124,999 per year) |
| 3 | \$2,400 - \$2,879 per week (\$125,000 - \$149,999 per year) |
| 2 | \$2,880 - \$3,839 per week (\$150,000 - \$199,999 per year) |
| 1 | \$3,840 or more per week (\$200,000 or more per year) |
| 13 | Nil income |
| 14 | Nil income |
| -3 | Don't know |
| -4 | Prefer not to say |

Q103. Over the past 12 months did any of the following happen to you because of a shortage of money?

- a. Could not fill or collect a prescription medicine *{csefs1pre}*
- b. Could not get a medical test, treatment, or follow-up that was recommended by a doctor *{csefs2med}*
- c. Could not go to the doctor when you needed to *{csefs8doc}*
- d. Could not afford to heat your home *{csefs9hea}*
- e. Could not pay electricity, gas or telephone bills on time *{csefs4bil}*
- f. Could not pay the mortgage or rent on time *{csefs5hou}*
- g. Asked for financial help from friends or family *{csefs6hel}*

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

The next questions are about employment.

Q104. Of the following categories, which best describes your current employment status? *{cseemplst}*

| | |
|----|---|
| 1 | Full-time employee |
| 2 | Part-time employee |
| 3 | Self-employed |
| 4 | Employed – unpaid worker in family business |
| 5 | Unemployed – seeking employment |
| 6 | Not employed – not seeking employment |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cseemplst in (1,2,3,4)]

Q105. Do you currently have more than one job? That is, do you work for more than one employer? {cseempmt1}

Include any jobs from which you are away because of holidays, sickness, disability or some other reason.

If you work for yourself, please count this as one job.

| | |
|----|---------------------------|
| 1 | Yes – have 2 or more jobs |
| 0 | No – only have 1 job |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cseemplst in (1,2,3,4)]

Q106. What is your current occupation in your main job? {cseempoc1d, cseempoc2d, cseempoc4d}

Please include your award/Government classification if possible (e.g. secondary school teacher, metal engineering process worker, commercial property cleaner, registered nurse, etc).

If you can't find your own job title on the drop down list, please just type it in.

| | |
|-------|-------------------|
| _____ | Job title |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cseemplst in (1,2,3,4)]

Q107. Last week, how many hours did you work in that job? {cseemphmj}

| | |
|-------|-------------------|
| _____ | Hours last week |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cseempmt1=1]

Q108. Last week, how many hours did you work in all jobs? {cseemphaj}

| | |
|-------|-------------------|
| _____ | Hours last week |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cseemplst in (1,2,3,4)]

Q109. Which of these best describes your current work schedules in your main job?
{cseempsch, cseempstx}

| | |
|----|--|
| 1 | A regular daytime schedule |
| 2 | A regular evening shift |
| 3 | A regular night shift |
| 4 | A rotating shift (changes from days to evenings to nights) |
| 5 | Split shift (two distinct periods in each day) |
| 6 | On call |
| 7 | Irregular schedule |
| 8 | Other (specify) |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cseemplst in (1,2,3,4)]

Q110. What is your form of employment in your main job? {cseemptmj}

(Mark the one answer that fits best)

| | |
|----|--|
| 1 | Permanent or ongoing |
| 2 | Casual or temporary |
| 3 | Fixed-term contract (employed for a specific period of time) |
| 4 | Self-employed - not employing others |
| 5 | Self-employed - also employing others |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cseemplst in (1,2,3,4)]

Q111. Taking everything into consideration, how do you feel about your job as a whole?
{cswjobsat}

| | |
|----|-----------------------------------|
| 1 | Very dissatisfied |
| 2 | Moderately dissatisfied |
| 3 | Slightly dissatisfied |
| 4 | Neither dissatisfied or satisfied |
| 5 | Slightly satisfied |
| 6 | Moderately satisfied |
| 7 | Very satisfied |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cseemplst in (1,2,3,4)]

Q112. In general, how do you find your job? {cswjobstr}

| | |
|----|----------------------|
| 1 | Not at all stressful |
| 2 | Mildly stressful |
| 3 | Moderately stressful |
| 4 | Very stressful |
| 5 | Extremely stressful |
| -3 | Don't know |
| -4 | Prefer not to say |

If you would like to talk to someone about any issues related to these questions, you can call the Beyond Blue COVID 19 Helpline 1800 512 348, the Australian Government disaster recovery assistance hotline 180 2266, or the National Debt Helpline 1800 007 007.

The next questions are about your education.

Q113. Are you attending a school or any other educational institution (including home-schooling, distance or online education)? {cseeducsch}

Other educational institutions include TAFEs, universities, institutes of technology, and private colleges. Please only include distance or online education studies that are taken as part of a course at a school, university, TAFE, institute of technology, or private college.

| | |
|----|-------------------------|
| 0 | No |
| 1 | Yes – full-time student |
| 2 | Yes – part-time student |
| -3 | Don't know |
| -4 | Prefer not to say |



Q114. What is the highest year of primary or secondary school you have completed? *{cseeduco1}*

If you are still at school, please select 'Still at school'.

| | |
|----|-----------------------|
| 1 | Year 12 or equivalent |
| 2 | Year 11 or equivalent |
| 3 | Year 10 or equivalent |
| 4 | Year 9 or equivalent |
| 5 | Year 8 or below |
| 6 | Never attended school |
| 7 | Still at school |
| -3 | Don't know |
| -4 | Prefer not to say |

Q115. Have you completed a trade certificate, diploma, degree or any other educational qualification? *{cseeduco5}*

Include overseas qualifications, even if not accredited/recognised in Australia.

Exclude current studies, recreational TAFE courses, YWCA/YMCA courses and adult education courses.

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if *cseeduco5* = 1]

Q116. What is the level of the highest qualification that you have completed? *{cseeduco4}*

| | |
|----|--|
| 1 | Postgraduate degree |
| 2 | Graduate diploma / Graduate certificate |
| 3 | Bachelor degree (with or without honours) |
| 4 | Advanced diploma / diploma |
| 5 | Certificate III/IV (including trade certificate) |
| 6 | Certificate I/II |
| 7 | Other non-school qualification |
| -3 | Don't know |
| -4 | Prefer not to say |



LIFE EXPERIENCES

The next questions are about recent life experiences. Some of the questions ask about significant life events that may have been difficult. We ask these questions to understand how different life events impact men's health and wellbeing.

Please remember that you can select "Prefer not to say" to skip any questions that you do not feel comfortable answering.

The first set of questions is about your experiences with natural disasters.

Q117. Have you been affected by any of the following natural disasters in the past year?

Select all that apply.

- a. Bushfire *{cslnfire}*
- b. Drought *{cslnddrou}*
- c. Floods *{cslnflod}*
- d. Storm / hail *{cslnhail}*
- e. Cyclone *{cslncycl}*
- f. Other (specify) *{cslndothr, cslndottx, cslndothc}*
- g. None of the above *{cslnnone}*

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if *cslnfire* = 1]

Q118. Thinking about the bushfire, which of the following occurred?

Select all that apply.

- a. Your home or property (including pets or livestock) was damaged or destroyed *{cslnbpd}*
- b. Your home or property was threatened but not damaged or destroyed *{cslnbpth}*
- c. You were advised by emergency services to evacuate from the area in which you live or were staying *{cslnbpev}*
- d. Your travel or holiday itself, or travel and holiday plans have been affected *{cslnbptr}*
- e. Your mental and/or physical health was affected *{cslnbpha}*
- f. None of the above *{cslnbpno}*

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if *cslnddrou* = 1]

Q119. Thinking about the drought, which of the following occurred?

Select all that apply.



- a. Your home or property (including pets or livestock) was damaged or destroyed {cslnddpda}
- b. Your home or property was threatened but not damaged or destroyed {cslnddpth}
- c. You were advised by emergency services to evacuate from the area in which you live or were staying {cslnddpev}
- d. Your travel or holiday itself, or travel and holiday plans have been affected {cslnddptr}
- e. Your mental and/or physical health was affected {cslnddpha}
- f. None of the above {cslnddpno}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cslnddflood = 1]

Q120. Thinking about the floods which of the following occurred?

Select all that apply.

- a. Your home or property (including pets or livestock) was damaged or destroyed {cslnddflooda}
- b. Your home or property was threatened but not damaged or destroyed {cslnddfloodpth}
- c. You were advised by emergency services to evacuate from the area in which you live or were staying {cslnddfloodpev}
- d. Your travel or holiday itself, or travel and holiday plans have been affected {cslnddfloodptr}
- e. Your mental and/or physical health was affected {cslnddfloodpha}
- f. None of the above {cslnddfloodpno}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



[if csIndhail=1]

Q121. Thinking about the storm / hail which of the following occurred?

Select all that apply.

- a. Your home or property (including pets or livestock) was damaged or destroyed {csIndspda}
- b. Your home or property was threatened but not damaged or destroyed {csIndspth}
- c. You were advised by emergency services to evacuate from the area in which you live or were staying {csIndspev}
- d. Your travel or holiday itself, or travel and holiday plans have been affected {csIndsprtr}
- e. Your mental and/or physical health was affected {csIndspha}
- f. None of the above {csIndspno}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if csIndcycl = 1]

Q122. Thinking about the cyclone which of the following occurred?

Select all that apply.

- a. Your home or property (including pets or livestock) was damaged or destroyed {csIndcpda}
- b. Your home or property was threatened but not damaged or destroyed {csIndcpth}
- c. You were advised by emergency services to evacuate from the area in which you live or were staying {csIndcpev}
- d. Your travel or holiday itself, or travel and holiday plans have been affected {csIndcptr}
- e. Your mental and/or physical health was affected {csIndcpha}
- f. None of the above {csIndcpno}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



[if csIndothr = 1]

Q123. Thinking about the other natural disaster, which of the following occurred?

Select all that apply.

- a. Your home or property (including pets or livestock) was damaged or destroyed {csIndopda}
- b. Your home or property was threatened but not damaged or destroyed {csIndopth}
- c. You were advised by emergency services to evacuate from the area in which you live or were staying {csIndopev}
- d. Your travel or holiday itself, or travel and holiday plans have been affected {csIndoptr}
- e. Your mental and/or physical health was affected {csIndopha}
- f. None of the above {csIndopno}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

Q124. Has a close friend or family member been affected by any of the following natural disasters in the past year?

Select all that apply.

- a. Bushfire {csIndfmfi}
- b. Drought {csIndfmdr}
- c. Floods {csIndfmfl}
- d. Storm / hail {csIndfmst}
- e. Cyclone {csIndfmcy}
- f. Other (specify) {csIndfmot, csIndfmtx, csIndfmoc}
- g. None of the above {csIndfmno}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cslnmfmi = 1]

Q125. Still thinking about the bushfire, which of the following occurred?

Select all that apply.

- a. The home or property of a close family member or friend was damaged or destroyed {cslnbdfa}
- b. The home or property of a close family member or friend was threatened but not damaged or destroyed {cslnbfbth}
- c. A close friend or family member was advised by emergency services to evacuate from the area in which they live or were staying {cslnbfev}
- d. Travel plans or the holiday itself of a close friend or family member were affected {cslnbfr}
- e. None of the above {cslnbfno}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cslnmdr = 1]

Q126. Still thinking about the drought, which of the following occurred?

Select all that apply.

- a. The home or property of a close family member or friend was damaged or destroyed {cslnddfda}
- b. The home or property of a close family member or friend was threatened but not damaged or destroyed {cslnddfth}
- c. A close friend or family member was advised by emergency services to evacuate from the area in which they live or were staying {cslnddfev}
- d. Travel plans or the holiday itself of a close friend or family member were affected {cslnddftr}
- e. None of the above {cslnddfno}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



[if csIndfmfl = 1]

Q127. Still thinking about the floods, which of the following occurred?

Select all that apply.

- a. The home or property of a close family member or friend was damaged or destroyed {csIndffda}
- b. The home or property of a close family member or friend was threatened but not damaged or destroyed {csIndffth}
- c. A close friend or family member was advised by emergency services to evacuate from the area in which they live or were staying {csIndffev}
- d. Travel plans or the holiday itself of a close friend or family member were affected {csIndfftr}
- e. None of the above {csIndffno}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if csIndfmst = 1]

Q128. Still thinking about the storm/hail, which of the following occurred?

Select all that apply.

- a. The home or property of a close family member or friend was damaged or destroyed {csIndsfda}
- b. The home or property of a close family member or friend was threatened but not damaged or destroyed {csIndsfth}
- c. A close friend or family member was advised by emergency services to evacuate from the area in which they live or were staying {csIndsfev}
- d. Travel plans or the holiday itself of a close friend or family member were affected {csIndsftr}
- e. None of the above {csIndsfno}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



[if csIndfmcy = 1]

Q129. Still thinking about the cyclone, which of the following occurred?

Select all that apply.

- a. The home or property of a close family member or friend was damaged or destroyed {csIndcfda}
- b. The home or property of a close family member or friend was threatened but not damaged or destroyed {csIndcfth}
- c. A close friend or family member was advised by emergency services to evacuate from the area in which they live or were staying {csIndcfev}
- d. Travel plans or the holiday itself of a close friend or family member were affected {csIndcftr}
- e. None of the above {csIndcfno}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if csIndfmot = 1]

Q130. Still thinking about the other natural disaster, which of the following occurred?

Select all that apply.

- a. The home or property of a close family member or friend was damaged or destroyed {csIndofda}
- b. The home or property of a close family member or friend was threatened but not damaged or destroyed {csIndofth}
- c. A close friend or family member was advised by emergency services to evacuate from the area in which they live or were staying {csIndofev}
- d. Travel plans or the holiday itself of a close friend or family member were affected {csIndoftr}
- e. None of the above {csIndofno}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



Throughout this section we will ask about the coronavirus restriction period.

This is the period where governments put in place restrictions and recommendations designed to curb the spread of COVID-19, the disease caused by the new coronavirus.

Please answer the questions that refer to the coronavirus restriction period by thinking about the time when STAGE 3 restrictions were first in place. For most people this would have been between March and May 2020.

The level of restrictions enforced varied across the states and territories, but for most people STAGE 3 restrictions would have included the following:

- Limits to the number of people you could gather with. In most states gatherings of more than two people were not allowed, though in some states the limit was ten people.
- Limits to the number of people allowed to attend funerals or weddings.
- Closing schools and universities, moving school to home-based learning or having longer school holidays.
- Closing down pubs, restaurants and cafes.
- Being advised to work from home if possible.

Q131. Have you, anyone in your household or anyone close to you ever been tested for COVID-19?

- a. You/Me {chdcvrsy}
- b. Other person (or people) living with you/me {chdcvhhsy}
- c. Close friends or relatives outside the household {chdcvfmsy}

| | |
|----|-------------------|
| 1 | Yes |
| 2 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

[if chdcvrsy = 1 or chdcvhhsy = 1 or chdcvfmsy = 1]

Q132. Have you, anyone in your household or anyone close to you ever received a positive result from a COVID-19 test?

- a. You/Me {chdcvyrpt}
- b. Other person (or people) living with you/me {chdcvhhpt}
- c. Close friends or relatives outside the household {chdcvfmpt}

| | |
|----|-------------------|
| 1 | Yes |
| 2 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



[if chdcvyrpt = 1 or chdcvhht = 1 or chdcvfmp = 1]

Q133. Did you, anyone in your household or anyone close to you require hospitalisation as a result of having the coronavirus infection?

- a. You/Me {chdcvyrho}
- b. Other person (or people) living with you/me {chdcvhho}
- c. Close friends or relatives outside the household {chdcvfmho}

| | |
|----|---|
| 1 | Require hospitalisation but not in intensive care |
| 2 | Require hospitalisation in intensive care |
| 3 | Did not require hospitalisation |
| -3 | Don't know |
| -4 | Prefer not to say |

Q134. Did any of the following happen to you as a result of the coronavirus restrictions?

If you are a business owner, in this question think of your business as your workplace.

Select all that apply

- a. My hours of work were reduced {cslcvem01}
- b. My hours of work were increased {cslcvem02}
- c. My hourly rate of pay was reduced {cslcvem03}
- d. I did not receive a bonus or pay rise that I expected {cslcvem04}
- e. I lost my job, but my workplace did not cease operating {cslcvem05}
- f. I was required to take paid leave {cslcvem06}
- g. I was required to take unpaid leave {cslcvem07}
- h. I was required to work from home instead of my usual workplace {cslcvem08}
- i. My workplace ceased operating temporarily {cslcvem09}
- j. My workplace ceased operating permanently {cslcvem10}
- k. None of the above {cslcvem11}

| | |
|----|-------------------|
| 0 | No |
| 1 | Yes |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cslcvem08 = 1]

Q135. Compared with your normal working situation, would you say your ability to do your job while working at home was... {cslcvwkhm}

| | |
|----|-------------------|
| 1 | Much better |
| 2 | A little better |
| 3 | About the same |
| 4 | A little worse |
| 5 | Much worse |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cseageownmd < 20]

During the coronavirus restriction period, many students who usually attend school stayed away from school and learnt remotely at home.

Q136. Were you one of these students who learnt from home because of the coronavirus?
{cslcvrsr}

| | |
|----|---|
| 1 | Yes – I learnt remotely every day |
| 2 | Yes – some days I learnt remotely and some days I attended school |
| 3 | No – I still went to school every day |
| 4 | No – I was already learning remotely |
| 5 | No – I was not enrolled in secondary school during the coronavirus restriction period |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cslcvscss in (1,2,3,4)]

Q137. During the coronavirus restriction period, how would you rate...

- a. Your motivation to study? {cslcvrst1}
- b. Your ability to concentrate on your studies? {cslcvrst2}
- c. Your level of achievement in your studies? {cslcvrst3}
- d. Your level of stress related to your studies? {cslcvrst4}

| | |
|----|-------------------|
| 1 | Very high |
| 2 | High |
| 3 | Average |
| 4 | Low |
| 5 | Very low |
| -3 | Don't know |
| -4 | Prefer not to say |

[if cseageownmd < 20]

Q138. Are you currently learning remotely at home? {cslcvcsr}

| | |
|----|--|
| 1 | Yes – I learn remotely every day |
| 2 | Yes – some days I learn remotely and some days I attend school |
| 3 | No – I go to school every day |
| 4 | No – I am not enrolled in secondary school |
| -3 | Don't know |
| -4 | Prefer not to say |



[if cslcvcsrl in (1,2,3)]

Q139. Currently, how would you rate...

- a. Your motivation to study? *{cslcvcst1}*
- b. Your ability to concentrate on your studies? *{cslcvcst2}*
- c. Your level of achievement in your studies? *{cslcvcst3}*
- d. Your level of stress related to your studies? *{cslcvcst4}*

| | |
|----|-------------------|
| 1 | Very high |
| 2 | High |
| 3 | Average |
| 4 | Low |
| 5 | Very low |
| -3 | Don't know |
| -4 | Prefer not to say |

During the coronavirus restriction period, many students stayed home from school and learnt remotely.

[for each child aged between 5 and 18 years]

Q140. For each of your school aged children, please specify if they stayed home from school and learnt remotely because of the coronavirus? *{cslcv01ss, cslcv02ss, cslcv03ss, cslcv04ss, cslcv05ss, cslcv06ss, cslcv07ss, cslcv08ss, cslcv09ss, cslcv10ss}*

| | |
|----|---|
| 1 | Yes – they learnt remotely every day |
| 2 | Yes – some days they learnt remotely and some days they attended school |
| 3 | No – they still went to school every day |
| 4 | No – they were already learning remotely |
| 5 | No – they were not attending school |
| -3 | Don't know |
| -4 | Prefer not to say |

During the coronavirus restriction period, many children stayed home on days they would normally attend childcare or pre-school.



[for each child aged between 0 and 5 years]

Q141. Did any of your children stay home from childcare or pre-school because of the coronavirus? {cslcv01cc, cslcv02cc, cslcv03cc, cslcv04cc, cslcv05cc, cslcv06cc, cslcv07cc, cslcv08cc, cslcv09cc, cslcv10cc}

| | |
|----|---|
| 1 | Yes – they stayed home on all usual childcare or pre-school days |
| 2 | Yes – they stayed home on some usual childcare or pre-school days and attended childcare or pre-school on some days |
| 3 | No – they still went to childcare or pre-school on all usual childcare days |
| 4 | No – they were not attending childcare or pre-school |
| -3 | Don't know |
| -4 | Prefer not to say |

[if csfchtm in (1,2,3,4) and cslcvss or cslcvcc in (1,2)]

Q142. And, as a result of children staying home, did you have to...

- a. Use paid leave entitlements? {cslcvchpl}
- b. Go on unpaid leave? {cslcvchul}
- c. Reduce the number of hours you worked? {cslcvchrh}
- d. Change your usual work hours? {cslcvchch}
- e. Work from home more frequently? {cslcvchwh}
- f. Quit your job? {cslcvchqj}

| | |
|----|-------------------|
| 1 | Yes |
| 2 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

Q143. Since the start of the coronavirus restriction period, have you done any of the following? {cslcvunst}

If you deferred from a course of study then later withdrew, please select the option 'Withdrawn from any course of study'.

| | |
|----|--|
| 1 | Deferred or delayed a course of study for a semester / trimester |
| 2 | Deferred or delayed a course of study for a year |
| 3 | Deferred or delayed a course of study indefinitely |
| 4 | Withdrawn from any course of study |
| 5 | None of the above |
| -3 | Don't know |
| -4 | Prefer not to say |



Q144. Have you done any of the following due to financial impacts of the coronavirus?

Select all that apply.

- a. Cut down on spending on non-essential items (e.g. take-away food). *{cslcvfi01}*
- b. Cut down on spending on essential items (e.g. groceries). *{cslcvfi02}*
- c. Accessed funds from sources not normally used for everyday expenses (e.g. used money saved for other purposes, applied for early access of superannuation). *{cslcvfi03}*
- d. Asked for financial help from friends, family or welfare organisations. *{cslcvfi04}*
- e. Increased or extended debt or line of credit (e.g. applied for a new loan or credit card, applied for an extension on an existing loan, increased credit card limit) *{cslcvfi05}*
- f. Received JobSeeker payments *{cslcvfi06}*
- g. Had your wages subsidised by JobKeeper payments *{cslcvfi07}*
- h. None of the above *{cslcvfi08}*

| | |
|----|-------------------|
| 0 | No |
| 1 | Yes |
| -3 | Don't know |
| -4 | Prefer not to say |

Q145. Given your current needs and financial responsibilities, how would you say you and your household are getting on? *{cslcvfist}*

If you live in a shared or group house, please just consider your own financial situation.

| | |
|----|------------------------|
| 1 | Prosperous |
| 2 | Very comfortable |
| 3 | Reasonably comfortable |
| 4 | Just getting along |
| 5 | Poor |
| 6 | Very poor |
| -3 | Don't know |
| -4 | Prefer not to say |

Q146. Compared to 12 months ago, would you say your financial situation is: *{cslcvfich}*

| | |
|----|----------------------|
| 1 | Much worse now? |
| 2 | A little worse now? |
| 3 | About the same now? |
| 4 | A little better now? |
| 5 | Much better now? |
| 6 | Very poor |
| -3 | Don't know |
| -4 | Prefer not to say |



The following is a list of activities that many of us do in our daily life. Compared to now, please indicate whether you did each of these activities more, less or about the same during the coronavirus restriction period.

Please think about the period when **Stage 3 restrictions were first in place**. For most people this would have been between March and May 2020.

Q147. During the coronavirus restriction period, did you...

- a. Eat fresh fruit and vegetables {cslcvrs01}
- b. Eat foods high in fat or sugar {cslcvrs02}
- c. Eat home cooked meals {cslcvrs03}
- d. Sleep {cslcvrs05}
- e. Participate in moderate activity (activity that caused a slight increase in breathing and heart rate, such as walking or yoga) {cslcvrs06}
- f. Participate in vigorous physical activity (activity that made you breathe harder or puff and pant, such as jogging or cycling) {cslcvrs07}
- g. Have sex {cslcvrs04}
- h. Drink alcohol {cslcvrs08}
- i. Smoke tobacco {cslcvrs09}
- j. Gamble {cslcvrs10}
- k. Use illicit drugs {cslcvrs11}

| | |
|----|---------------------------------------|
| 1 | Much more |
| 2 | More |
| 3 | About the same |
| 4 | Less |
| 5 | Much less |
| -2 | Not applicable / Have never done this |
| -3 | Don't know |
| -4 | Prefer not to say |

The next questions are about your feelings and how you are coping.

Q148. Currently, how well do you think you are coping? {cslcvcuco}

| | |
|----|---------------------------------------|
| 1 | Not at all |
| 2 | A little |
| 3 | Fairly well |
| 4 | Very well |
| 5 | Extremely well |
| -2 | Not applicable / Have never done this |
| -3 | Don't know |
| -4 | Prefer not to say |



Q149. Overall, during the coronavirus restriction period, how well do you think you coped? *{cslcvrsc}*

Please think about the period when **Stage 3 restrictions were first in place**. For most people this would have been between March and May 2020.

| | |
|----|---------------------------------------|
| 1 | Not at all |
| 2 | A little |
| 3 | Fairly well |
| 4 | Very well |
| 5 | Extremely well |
| -2 | Not applicable / Have never done this |
| -3 | Don't know |
| -4 | Prefer not to say |

Q150. Currently, how often do you feel rushed or pressed for time? *{cslvcutm}*

| | |
|----|-------------------|
| 1 | Always |
| 2 | Often |
| 3 | Sometimes |
| 4 | Rarely |
| 5 | Never |
| -3 | Don't know |
| -4 | Prefer not to say |

Q151. Overall, during the coronavirus restriction period, how often did you feel rushed or pressed for time? *{cslvrstm}*

Please think about the period when **Stage 3 restrictions were first in place**. For most people this would have been between March and May 2020.

| | |
|----|-------------------|
| 1 | Always |
| 2 | Often |
| 3 | Sometimes |
| 4 | Rarely |
| 5 | Never |
| -3 | Don't know |
| -4 | Prefer not to say |



Q152. Currently, how often do you feel that you...

- a. lack companionship? {cslcvfc01}
- b. feel left out? {cslcvfc02}
- c. feel isolated from others? {cslcvfc03}
- d. feel lonely? {cslcvfc04}

| | |
|----|-------------------|
| 1 | Never |
| 2 | Rarely |
| 3 | Sometimes |
| 4 | Often |
| 5 | Always |
| -3 | Don't know |
| -4 | Prefer not to say |

Q153. Overall, during the coronavirus restriction period, how often did you feel that you ...

Please think about the period when **Stage 3 restrictions were first in place**. For most people this would have been between March and May 2020.

- a. lacked companionship? {cslcvfr01}
- b. felt left out? {cslcvfr02}
- c. felt isolated from others? {cslcvfr03}
- d. felt lonely? {cslcvfr04}

| | |
|----|-------------------|
| 1 | Never |
| 2 | Rarely |
| 3 | Sometimes |
| 4 | Often |
| 5 | Always |
| -3 | Don't know |
| -4 | Prefer not to say |

Q154. How optimistic or pessimistic do you feel about the following aspects of your future...

- a. Your life overall {cslflife}
- b. Your employment and job stability {cslflems}
- c. Your financial situation {cslffinc}
- d. Your housing {cslflhous}
- e. Your relationships {cslfirela}
- f. Your mental health {cslflmenh}
- g. Your physical health {cslflphyh}
- h. Your ability to adapt to future challenges {cslfchal}

| | |
|----|-------------------|
| 1 | Very optimistic |
| 2 | Rarely |
| 3 | Sometimes |
| 4 | Often |
| 5 | Always |
| -3 | Don't know |
| -4 | Prefer not to say |



If you would like to talk to someone about any issues related to these questions, you can call Beyond Blue COVID 19 Helpline 1800 512 348, Australian Government disaster recovery assistance hotline 180 2266, or National Debt Helpline 1800 007 007.

Q155. Have you experienced any of the following events in the **past 12 months**?

[if cseageownd < 18]

- a. You suffered a serious illness, injury or an assault {cslpinj12}
- b. One of your close relatives has suffered a serious illness, injury or an assault {cslfinj12f}
- c. Your parent, brother, sister, or girlfriend/boyfriend died {csldief12f}
- d. A close friend or other relative (e.g. Grandparent, cousin, aunt) died {csldieo12}
- e. Your parents separated or divorced {cslpdiv12}
- f. You split up with a girlfriend/boyfriend {cslsplt12f}
- g. You had a serious problem with a friend, neighbour or relative {cslconf12f}
- h. You failed an important exam or got seriously behind in your schoolwork {cslexam12}
- i. You were suspended from school or left because things were not going well {cslsusp12}
- j. You or your family had a major financial crisis {cslfinc12f}
- k. Your family moved to a new home {cslnhm412f}

[if cseageownd >= 18]

- a. Serious personal injury, illness or surgery {cslpinj12a}
- b. A serious illness, injury or assault happened to a close relative/friend {cslfinj12a}
- c. Break-up of a serious relationship / divorce / separation {cslsplt12a}
- d. Getting married (or starting to live with someone) {cslmari12}
- e. Infidelity of partner or spouse {cslinfi12}
- f. Becoming a father for the first time {csldadf12}
- g. Serious conflict with a member of your family {cslconf12a}
- h. Death of partner, spouse or close family member {csldief12a}
- i. Experienced the loss of a child (e.g. death, stillbirth, miscarriage, termination) {cslchlo12}
- j. Leaving home for the first time {cslnhm112}
- k. Child or family member leaving home {cslnhm212}
- l. Starting your first job {csljobf12}
- m. Difficulty finding a job {csljobd12}
- n. Loss of job or looking for work unsuccessfully for a long time {csljobl12}
- o. Starting retirement {csljobr12}
- p. Bankruptcy (personal or business) {cslfinc12a}
- q. Natural disaster (fire, flood, drought, earthquake etc.) {cslndis12}
- r. Major loss or damage to personal property {cslloss12}
- s. Being a victim of sexual assault {cslvisx12}
- t. Being a victim of physical violence {cslvipv12}
- u. Legal troubles or involvement in a court case {csllegt12}
- v. Buying a house {cslnhm312}
- w. Moving house {cslnhm412a}
- x. Becoming a carer for someone {cslcare12}



| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

People sometimes look to others for companionship, assistance, or other types of support.

Q156. How often is each of the following kinds of support available to you if you need it?

(Mark **one** answer in each row)

- a. Someone you can count on to listen to you when you need to talk *{csimosi02}*
- b. Someone to give you good advice about a crisis *{csimosi03}*
- c. Someone to give you information to help you understand a situation *{csimosi07}*
- d. Someone to confide in or talk to about yourself or your problems *{csimosi08}*
- e. Someone whose advice you really want *{csimosi12}*
- f. Someone to share your most private worries and fears with *{csimosi15}*
- g. Someone to turn to for suggestions about how to deal with a personal problem *{csimosi16}*
- h. Someone who understands your problems *{csimosi18}*

| | |
|----|----------------------|
| 1 | None of the time |
| 2 | A little of the time |
| 3 | Some of the time |
| 4 | Most of the time |
| 5 | All of the time |
| -3 | Don't know |
| -4 | Prefer not to say |

Q157. How important is religion or spirituality in your life? *{csirelimp}*

| | |
|----|----------------------|
| 0 | Not important at all |
| 1 | Not very important |
| 2 | Somewhat important |
| 3 | Very important |
| 4 | Extremely important |
| -3 | Don't know |
| -4 | Prefer not to say |



The following questions ask about seeking help or advice for personal emotional or behavioural problems.

Q158. Have you had a personal emotional or behavioural problem in the last 12 months?
{cbebpr12}

Examples of emotional and behavioural problems include feeling anxious or stressed, feeling depressed, having problems concentrating, being aggressive or hyperactive.

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

Below is a list of people who you might seek help or advice from if you were experiencing a personal emotional or behavioural problem.

[if cbebpr12 = 1]

Q159. Have you sought help for personal or emotional problems from any of these in the **last 12 months**?

Select all that apply.

- a. Intimate partner (e.g. girlfriend, boyfriend, husband, wife, de facto) {cbhgshq01}
- b. Work colleague / Friend (not related to you) {cbhgshq02}
- c. Parent {cbhgshq03}
- d. Other relative / family member {cbhgshq04}
- e. Mental health professional (i.e. psychologist, social worker, counsellor) {cbhgshq05}
- f. Phone helpline (e.g. Lifeline) {cbhgshq06}
- g. Doctor / GP {cbhgshq07}
- h. Minister or religious leader (e.g. Priest, Rabbi, Chaplain) {cbhgshq08}
- i. I have not sought help from anyone {cbhgshq09}
- j. I have sought help from another source not listed above (specify) {cbhgshq10, cbhgshqtx}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



Q160. In the last 6 months have you been treated unfairly or badly because of your...

- Language or accent? *{csidslang}*
- Skin colour? *{csidsskin}*
- Age? *{csidsage0}*
- Disability? *{csidsdisb}*
- Religious beliefs? *{csidsrelg}*
- Cultural background? *{csidscult}*
- Mental health problems? *{csidsmhpb}*
- Sexual identity or same sex attraction? *{csidssxid}*
- Body size, shape or physical appearance (e.g. weight, height, chest size, body hair)? *{csidsbody}*
- Sex (i.e. sexism)? *{csidssex0}*
- Gender identity (e.g. transgender, gender non-conforming)? *{csidsgnid}*

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



HEALTH SERVICE USE

Q161. Excluding any time spent in hospital, have you consulted any of these health professionals for your own health in the past 12 months?

Select all that apply.

- A family doctor/General Practitioner (GP) {cusgp012m}
- Aboriginal Health Worker {cusahw12m}
- Accredited counsellor {cuscou12m}
- Acupuncturist {cusacc12m}
- Alcohol and drug worker {cusdac12m}
- Audiologist/Audiometrist {cusaud12m}
- Chemist/Pharmacist (for advice only) {cuspha12m}
- Chiropodist/Podiatrist {cuspod12m}
- Chiropractor {cuschi12m}
- Community nurse, practice nurse or nurse practitioner {cuscom12m}
- Dentist {cusden12m}
- Dietitian/Nutritionist {cusdie12m}
- Massage therapist {cusmas12m}
- Naturopath {cusnat12m}
- Nurse {cusnur12m}
- Optician/Optomtrist {cusopt12m}
- Osteopath {cusost12m}
- Physiotherapist/Hydrotherapist {cusphy12m}
- Psychiatrist {cusmdr12m}
- Psychologist {cuspsy12m}
- Specialist {cusssdr12m}
- Other (specify) {cusoth12m, cusoth1tx}
- None of the above {cusnon12m}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

Q162. How often do you see your family doctor just for a check-up? That is, not because you are sick or injured, but to check on your general health. {cusgp0frq}

| | |
|----|-----------------------|
| 1 | More than once a year |
| 2 | Once a year |
| 3 | Less frequently |
| 4 | Never |
| -3 | Don't know |
| -4 | Prefer not to say |



Q163. Have you had any of the following health check-ups and tests during the **past 12 months**?

Select all that apply.

- Screening for bowel cancer *{cusbowc12}*
- Prostate check *{cuspros12}*
- Chest / other x-rays *{cusxray12}*
- Blood pressure *{cusblpr12}*
- Cholesterol test *{cuschol12}*
- Diabetes test *{cusdiab12}*
- Any other blood test *{cusblts12}*
- Skin checks *{cusskch12}*
- Screening for HIV *{cushivs12}*
- Screening for Chlamydia *{cuschls12}*
- Screening for Gonorrhoea *{cusgons12}*
- Screening for Syphilis *{cussyys12}*
- Screening for Hepatitis *{cusheps12}*
- None of the above *{cusnone12}*

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

Q164. Do you have private health insurance (does not include Medicare)? *{cuaphihav}*

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |



Below is a list of reasons why some people may be unable to access health care when they need it.

Q165. During the **past 12 months**, have you been unable to access health care for any of the following reasons?

Select all that apply. If no, please select 'Not applicable'

- No service available in area at time needed {cuahcur01}
- Waiting time too long/no appointments {cuahcur02}
- Not taking new patients {cuahcur03}
- Cost {cuahcur04}
- Decided not to seek care/didn't bother {cuahcur05}
- Personal or family responsibilities/too busy {cuahcur06}
- Work commitments {cuahcur10}
- Transportation problems {cuahcur07}
- Language problems {cuahcur08}
- Not able to leave the house due to coronavirus restrictions {cuahcur15}
- Availability of services restricted due to the coronavirus {cuahcur16}
- Other (specify) {cuahcur09, cuahcurtx}

| | |
|----|-------------------|
| 1 | Yes |
| 0 | No |
| -3 | Don't know |
| -4 | Prefer not to say |

Q166. The most recent time you looked for information about health or medical topics, where did you go first? {cklmdinf1, cklmdintx}

If you have never looked for information about health or medical topics, please select 'Not applicable'.

| | |
|----|---|
| 1 | Books |
| 2 | Brochures, pamphlets, etc. |
| 3 | Public Health organisation |
| 4 | Partner |
| 5 | Family |
| 6 | Friend/Co-worker |
| 7 | Doctor or health care provider |
| 8 | Internet |
| 9 | Library |
| 10 | Magazines |
| 11 | Newspapers |
| 12 | Telephone information number |
| 13 | Complementary, alternative or unconventional practitioner |
| 14 | Other (please specify) |
| -3 | Don't know |
| -4 | Prefer not to say |



Q167. How easy or difficult are the following tasks for you to do now?

(Mark **one** answer in each row)

Make sure that healthcare providers understand your problems properly {cklhlqi36}

Feel able to discuss your health concerns with a healthcare provider {cklhlqi38}

Have a good discussion about your health with doctors {cklhlqi41}

Discuss things with healthcare providers until you understand all you need to
{cklhlqi49}

Ask healthcare providers questions to get the health information you need
{cklhlqi54}

Find information about health problems {cklhlqi37}

Find health information from several different places {cklhlqi40}

Get information about health so you are up to date with the best information
{cklhlqi44}

Get health information in words you understand {cklhlqi48}

Get health information by yourself {cklhlqi52}

| | |
|----|-------------------|
| 0 | Cannot do |
| 1 | Very difficult |
| 2 | Quite difficult |
| 3 | Quite easy |
| 4 | Very easy |
| -3 | Don't know |
| -4 | Prefer not to say |

That is the end of the survey.

If you have any queries about the survey, please call our survey hotline on 1800 019 606 or email us at info@tentomen.org.au.

Thanks again for your feedback.